

FEBRUARY 2026 ACTIVITIES CALENDAR



Booking is essential for all activities

If you want to book all sessions of a recurring event, please request this.

To book onto and join in any of the events, groups, or activities, please contact info@camdencarers.org.uk

You will then be provided with the location details or link you need to login.

If you have difficulty joining on the day, please phone us on 020 7428 8950



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

COLOUR KEY

RACE EQUALITY WEEK: 3RD - 8TH

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| 2 |
| 10:30-12:00 Art Group Z |

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| 3 |
| 11:00-13:00 Creative Writing Z |

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| 4 |
| 12:30-14:30 BCC: Hampstead Theatre - Creative Writing session G |

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| 5 |
| 12:00-15:30 Wellbeing Day for Carers G |

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| 6 |
| 11:00-13:00 Life with Art → |

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| ALL CARERS | LEARNING DISABILITY CARERS |
| MENTAL HEALTH CARERS | OLDER CARERS |
| DEMENIA CARERS | BLACK CARERS COLLECTIVE |
| OTHER EVENT | YOUNG ADULT CARERS |
| HEALTH EVENTS | LGBTQ+ CARERS |

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| 9 |
| 10:30-12:00 Art Group Z |

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| 10 |
| 11:00-13:00 Creative Writing Z |

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| 11 |
| 11:00-12:30 Dementia Carers Group Z |

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| 12 |
| 12:30-14:30 BCC: Hampstead Theatre - Creative Writing session G |

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| 13 |
| 11:00-13:00 Life with Art → |

HALF TERM: 16TH - 20TH

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| 16 |
| 10:30-12:00 Art Group Z |

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| 17 |
| Lunar New Year Ramadan 17 th - 20th |

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| 18 |
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| 19 |
| 11:00-13:00 Drop In Session G |

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| 20 |
| 11:00-13:00 Life with Art → |

EVENT LOCATION

G: At Greenwood Centre

Z: Via Zoom

→: Location elsewhere

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| 23 |
| 10:30-12:00 Art Group Z |

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| 24 |
| 11:00-13:00 Creative Writing Z |

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| 25 |
| 12:30-14:30 BCC: Hampstead Theatre - Creative Writing session G |

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| 26 |
| 14:00-16:00 Connecting Conversations - Argenta House → |

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| 27 |
| 11:00-13:00 Life with Art → |

10:30-12:00 Black Carers Collective Z