

Carers Walk



For all registered carers



Join other carers for a lovely walk. A great opportunity to get some quality YOU time, chatting with other carers, enjoying the scenery whilst having some joyful exercise.

The walk is at a leisurely pace, so is suitable for all walkers. A stop for refreshments is often embraced, but we always advise you take a bottle of water.

Date:

Time:

Location: Please enquire

*** Booking is required for EACH SESSION**

For more information or to book a place,
call: **020 7428 8950**

or email: **info@camdencarers.org.uk**

Please provide the following:

- Full name
- Name of event
- If you are registered with Camden Carers



Camden Carers is funded by London Borough of Camden and NHS Camden.
Camden Carers is a registered charitable incorporated organisation **1042757**.
The Greenwood Centre, 37 Greenwood Place, London NW5 1LB